

Eine intensive Sound- und Mandalameditation, die sehr stark wirkt und Frieden bringt:

These original sound frequencies were apparently used in Ancient Gregorian Chants, such as the great hymn to St. John the Baptist, along with others that church authorities say were lost centuries ago. The chants and their special tones were believed to impart tremendous spiritual blessings when sung in harmony during religious masses. These powerful frequencies were rediscovered by Dr. Joseph Puleo as described in the book Healing Codes for the Biological Apocalypse by Dr. Leonard Horowitz. I give honor to both of these gentleman for the part they've played in helping return these lost frequencies back to humanity.

The Six Solfeggio Frequencies include:

UT 396 Hz Liberating Guilt and Fear

RE 417 Hz Undoing Situations and Facilitating Change

MI 528 Hz Transformation and Miracles (DNA Repair)

FA 639 Hz Connecting/Relationships

SOL 741 Hz Awakening Intuition

LA 852 Hz Returning to Spiritual Order

For example, the third note, frequency 528, relates to the note MI on the scale and derives from the phrase "MI-ra gestorum" in Latin meaning "miracle." Stunningly, this is the exact frequency used by genetic biochemists to repair broken DNA the genetic blueprint upon which life is based!