With the guidance of Tony Samara, discover a path of profound transformation, evolution of consciousness and inner peace. This path is open to all people from all walks of life who seek Health, Happiness and Inner Wisdom.

"I believe that we live at a very crucial moment in humanity's transformation and I want you to move beyond the old paradigm and discover your power, your freedom.

I believe we are at a point of such transformation that we can no longer wait for someone else, or something else. I believe that we are creators and that everyone here is equal and part of that creation. I believe that God doesn't live somewhere outside, that the Divine, meaning intelligence, freedom, is everywhere. You, me, we are connected.

I believe that we have to put things into practice. We can't just sit and watch television or watch life, or watch a relationship and hope it gets better or wait for it to change.

I challenge you to step away from the sofa, where it is comfortable to watch TV, and to participate. It is a wonderful thing when we realize that we have this power, which is not of the ego, but is wisdom." ~ Tony Samara

After living for several years in a Zen Buddhist monastery, Tony Samara ventured to the jungles of South America - to the Amazon and to the Andes - where he lived and studied among a community of Shamans.