The following report details the current state of geomagnetic activity and resulting effects on human consciousness. This can be used to guide one's activities in meditation, mass meditation, personal energy work, and self-mastery practices.

Report: The impact of individual and coordinated mass meditations will be HIGH.

Geomagnetic activity is stabile, ranging from 1 to 2 of the Kp Index. Solar wind intensity is currently weak, but expected to increase in the next day. A minor geomagnetic event is currently taking place, due to a phi angle shift in the geomagnetic field. The earth-facing coronal hole stream is expected to impact in 24 hours or so.

Personal Effects: High synchronicities, precognition, deja vu, energetic downloads, and connectivity to cosmic energy systems.

Social Effects: High capacity for telepathic exchanges in small or large groups.

Universal Effects: High energy and information streaming in from the celestial bodies, like surrounding planets, as well as stars, the galactic sun, and other galaxies.

Forecast: Meditations for the collective via outer work should have a high impact for 24 hours.

Inner Work: Develop gratitude for the cosmic lessons received in the form of mirroring of oneself, like stubbing a toe, a friend being upset with us, or the genuine reactions of others and ourselves to life events. All is information that reveals the nature of self and reality. If one does not consciously invoke acceptance of circumstances and emboldens themselves to overcome those obstacles via inner growth, it is likely one will feel emotional upset and angst. But with purpose and dedication to self-mastery, all challenges can be overcome so as to develop wisdom, personal growth, and a spiritual

character. Strive to know thyself and this will help one know the world and others.

Outer Work: During quiet geomagnetic conditions, focus your meditations on forgiveness, social harmony, relaxation of tensions, and collective healing. Strive to be honest and transparent with your desires that affect others. See the other self an extension of your own being, developing unconditional love balanced by honest communication and clear agreements. When personal expectations are not met and communication with others isn't clear, this is an opportunity to reflect on the methods of how we manifest our desires (with honesty and explicit communication or cowardice, fear, and blind faith others know what we want). Social harmony is the constant building of trust with oneself and others, which creates inner and outer peace, harmony, and abundance.

by Justin Deschamps